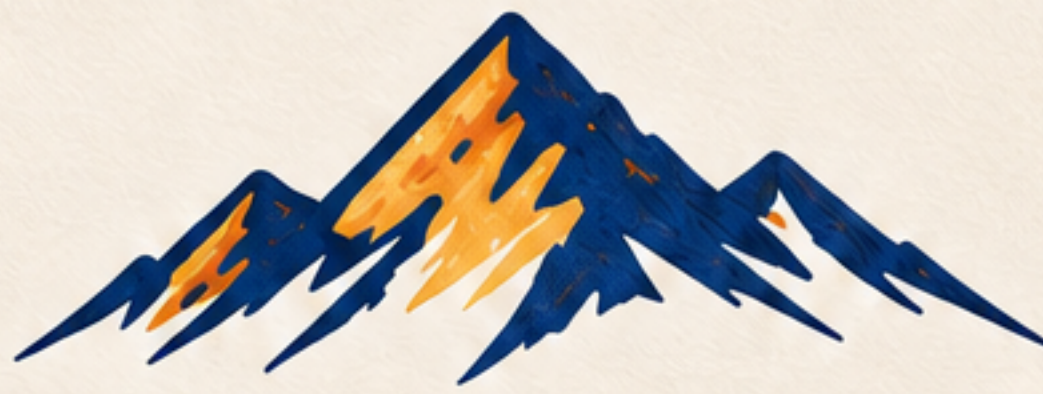


CARD 1

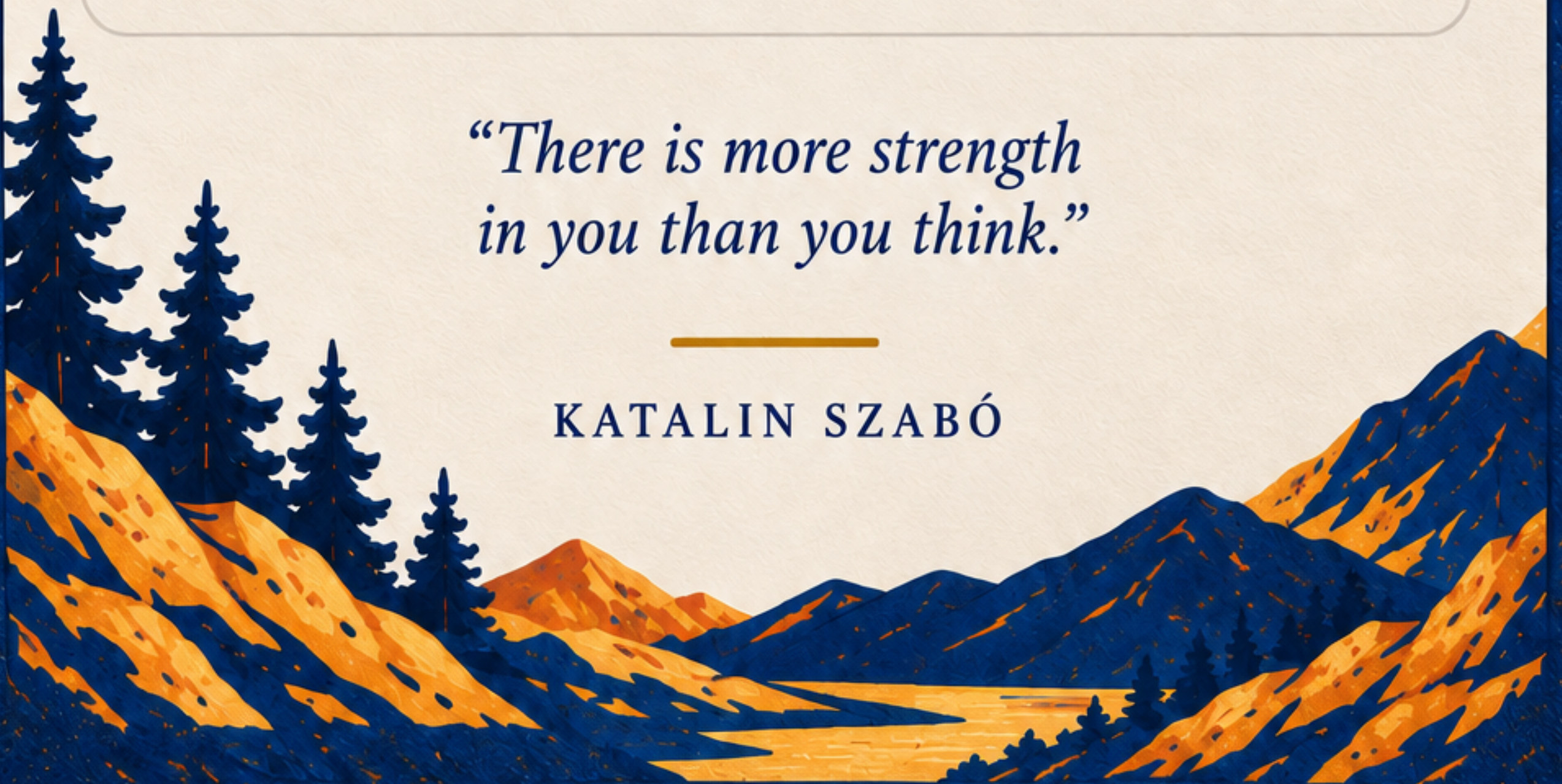


What are you most proud
of in yourself, and why?

Write your thoughts here...

*“There is more strength
in you than you think.”*

KATALIN SZABÓ



CARD 2

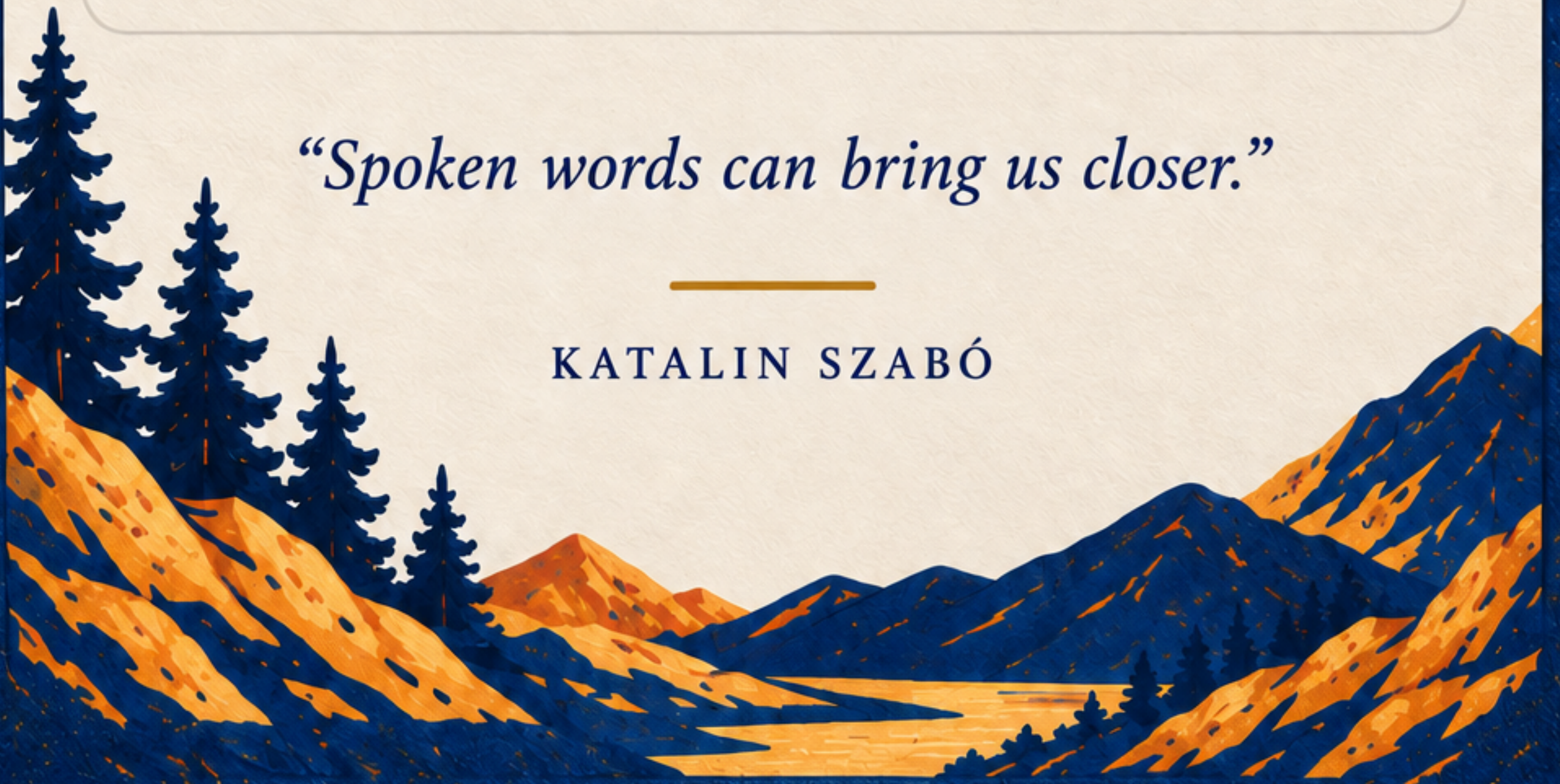


Is there something you
rarely say out loud,
even though it matters?

Write your thoughts here...

“Spoken words can bring us closer.”

KATALIN SZABÓ



CARD 3



What is one memory
with your mother that
still warms your heart?

Write your thoughts here...

*“Shared memories can
become inner strength.”*

KATALIN SZABÓ



CARD 4

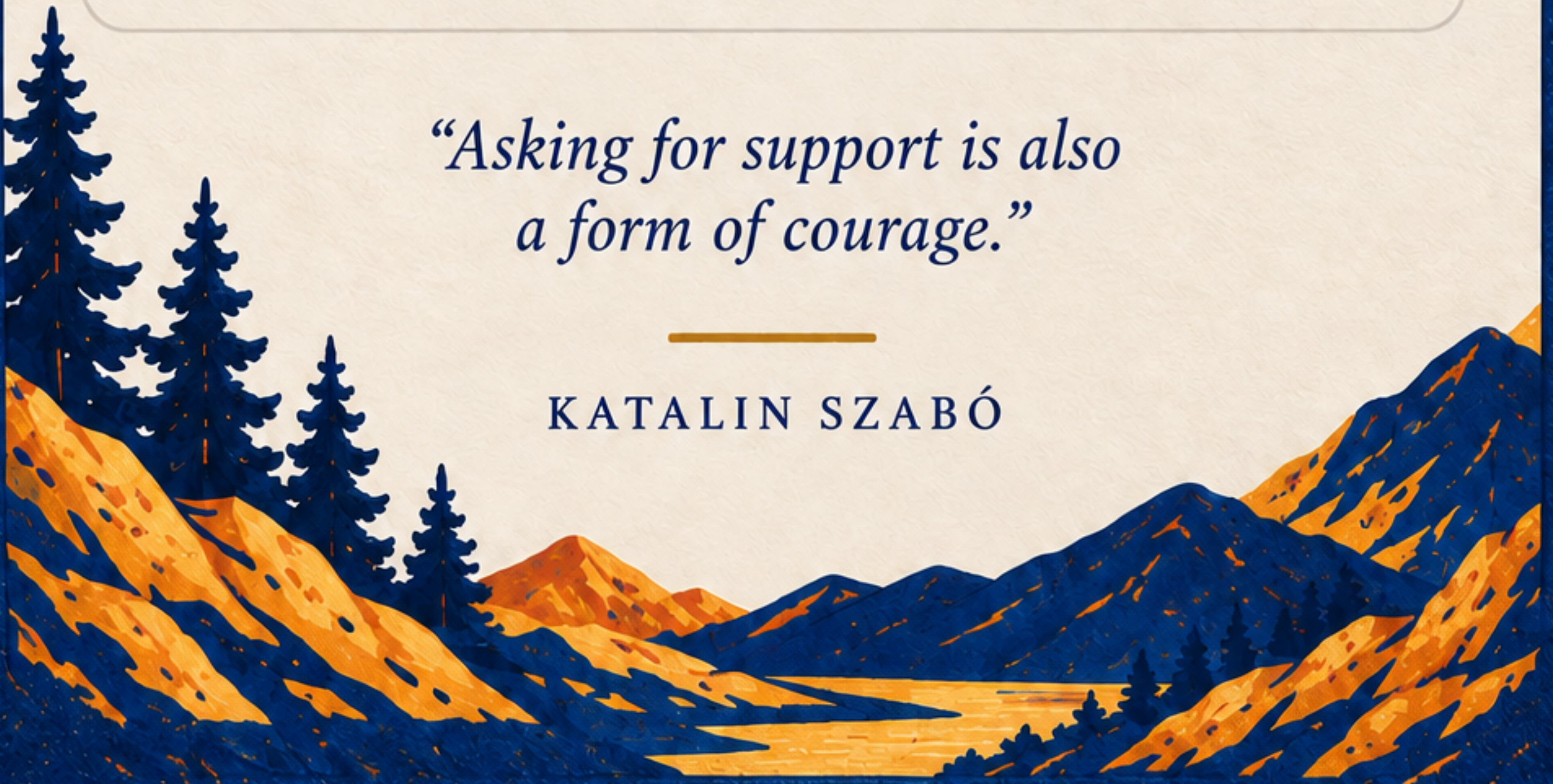


When do you most wish
for support, even if you
do not always ask for it?

Write your thoughts here...

*“Asking for support is also
a form of courage.”*

KATALIN SZABÓ



CARD 5

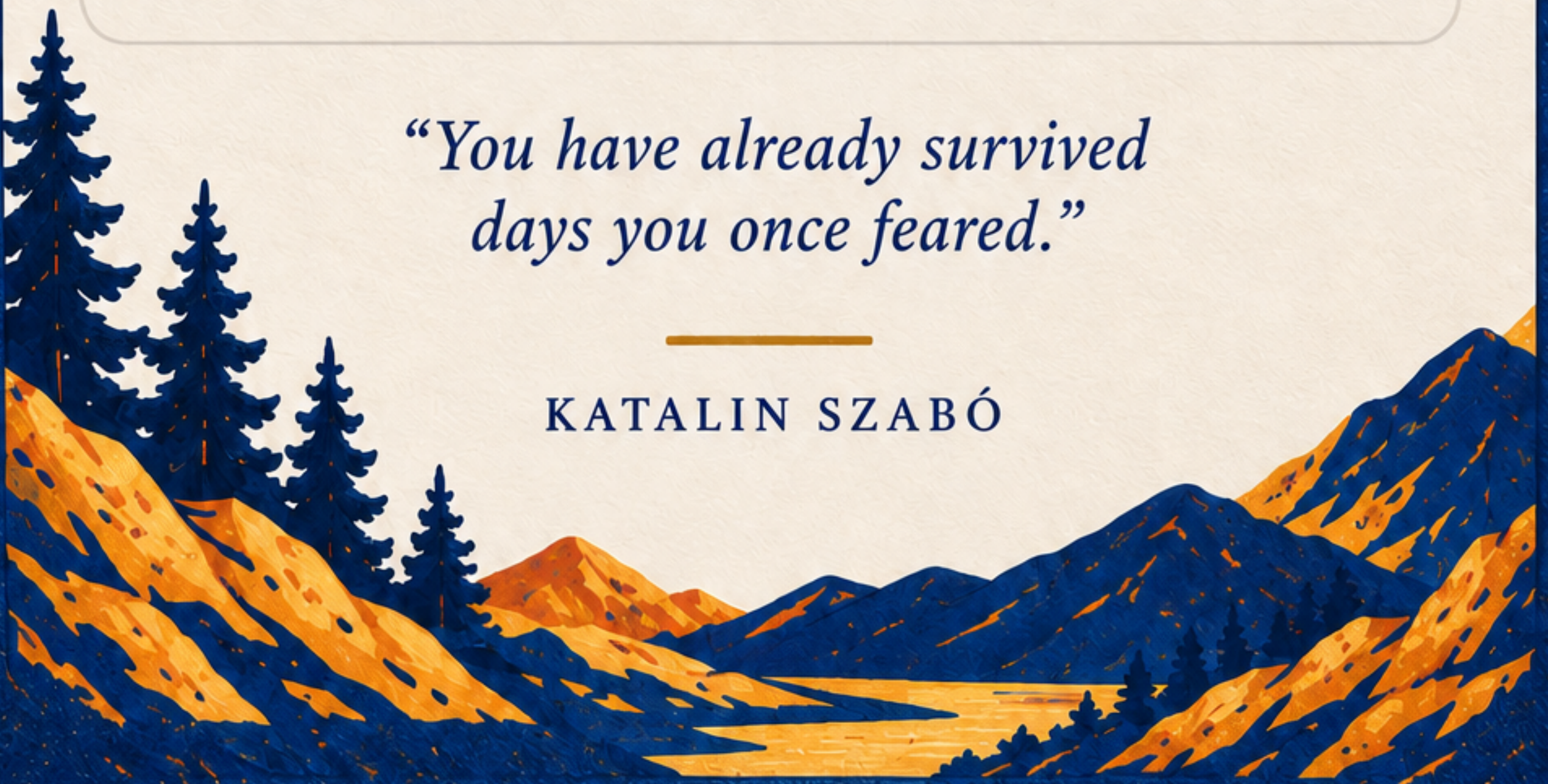


What helped you through
a difficult season of
your life?

Write your thoughts here...

*“You have already survived
days you once feared.”*

KATALIN SZABÓ



CARD 6



What do you wish others
understood better
about you?

Write your thoughts here...

*“Being understood begins
with being honest.”*

KATALIN SZABÓ



CARD 7

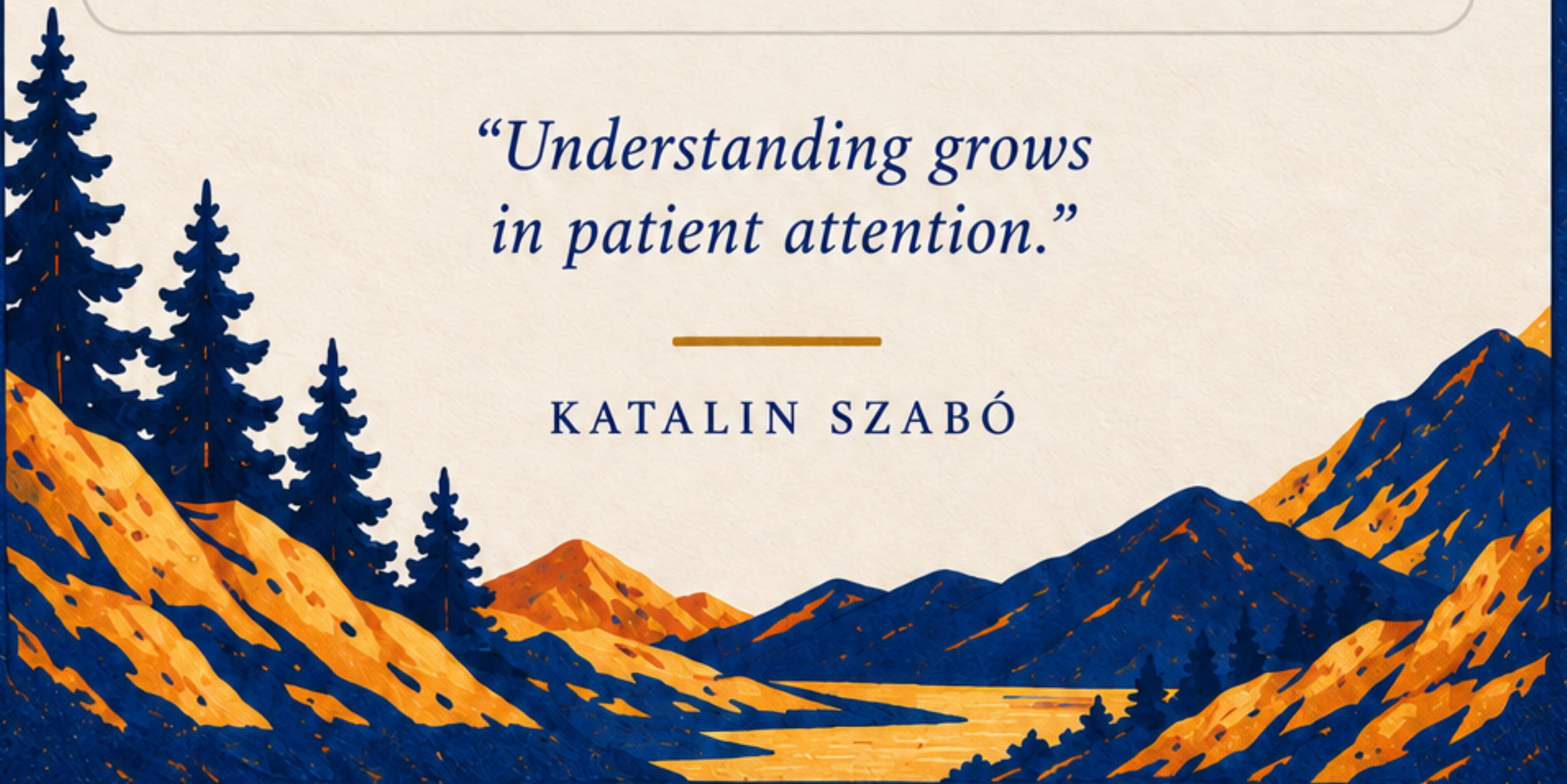


What helps you feel truly heard?

Write your thoughts here...

*“Understanding grows
in patient attention.”*

KATALIN SZABÓ



CARD 8



What gives you trust in a relationship?

Write your thoughts here...

*“Trust is built in small,
steady moments.”*

KATALIN SZABÓ





What dream would you
like to grow into,
step by step?

Write your thoughts here...

*“Dreams become real through
quiet persistence.”*

KATALIN SZABÓ





What words would
help you heal today?

Write your thoughts here...

*“Kind words can become
a new beginning.”*

KATALIN SZABÓ

